

# Statin Therapy for Patients with Cardiovascular Disease (SPC)

Learn how to improve pharmacy rates adapted from Pharmacy Quality Alliance (PQA) by using this guide about the Statin Therapy for Patients with Cardiovascular Disease (SPC) measure, best practices and more resources.

Percentage of males ages 21–75 and females ages 40–75 during the measurement year who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and met the following criteria:

- Received statin therapy – Patients who were dispensed at least 1 high- or moderate-intensity statin medication during the measurement year

### LOB

Commercial  
Medicare  
Medicaid

### Collection & Reporting Method

Part D Prescription Claims  
Claim/Encounter Data

### CMS Weight

x1

## Compliance

To comply with this measure, one of the following medications must have been dispensed:

Drug Category	Medications	
High-intensity statin therapy	<ul style="list-style-type: none"> <li>• Atorvastatin 40–80 mg</li> <li>• Amlodipine-atorvastatin 40–80 mg</li> <li>• Rosuvastatin 20–40 mg</li> </ul>	<ul style="list-style-type: none"> <li>• Simvastatin 80 mg</li> <li>• Ezetimibe-simvastatin 80 mg</li> </ul>
Moderate-intensity statin therapy	<ul style="list-style-type: none"> <li>• Atorvastatin 10–20 mg</li> <li>• Amlodipine-atorvastatin 10–20 mg</li> <li>• Rosuvastatin 5–10 mg</li> <li>• Simvastatin 20–40 mg</li> <li>• Ezetimibe-simvastatin 20–40 mg</li> </ul>	<ul style="list-style-type: none"> <li>• Pravastatin 40–80 mg</li> <li>• Lovastatin 40 mg</li> <li>• Fluvastatin 40–80 mg</li> <li>• Pitavastatin 1–4 mg</li> </ul>

## Best Practices

- Consider prescribing a high- or moderate-intensity statin, as appropriate. If you determine medication is appropriate, please send a prescription to the patient's preferred pharmacy.
- To address the SPC care opportunity, a patient must use their insurance card to fill one of the statins or statin combinations in the strengths/doses listed in the "Medications" table above by the end of the measurement year.

Learn more about EPIC workflow by following:

<https://uhcommunity.uhhospitals.org/UHAccountableCareOrganization/EPIC%20%20Quick%20Tips/Forms/AllItems.aspx>

### Exclusions

- Patients in hospice or using hospice services
- Patients who died
- Patients receiving palliative care
- Myalgia, myositis, myopathy or rhabdomyolysis
- Cirrhosis
- Dispensed at least one prescription for clomiphene
- End Stage Renal Disease (ESDR)
- Dialysis
- Patients with a diagnosis of pregnancy
- In vitro fertilization
- Patients ages 66 and older as of December 31 of the measurement year who had at least 2 diagnoses of frailty on different dates of service and advanced illness.
- Medicare members ages 66 and older as of Dec. 31 of the measurement year who are either:
  - Enrolled in an Institutional Special Needs Plan (I-SNP)
  - Living long term in an institution\*

### Best Practice Intolerance Documentation

Frailty diagnoses must be in the measurement year and on different dates of service

Advanced illness diagnosis must be in the measurement year or year prior to the measurement year

Example: 67 year old female with muscle aches all over body.  
Assessment: Muscle aches due to (add medication)

\_\_\_\_\_.  
Create a dot phrase or copy and paste.

Exclusion Codes, not limited to:  
G72.0 Drug-induced myopathy (SPD & SPC)  
G72.2 Myopathy due to other toxic agents  
G72.9 Myopathy, unspecified  
M60.9 Myositis, unspecified  
M62.82 Rhabdomyolysis  
M79.1 Myalgia  
M79.10 Myalgia, unspecified site  
M79.18 Myalgia, other site

### Look Out for Population Health Efforts:

- Pharmacy team is contacting patients who are reported as non-adherent to their medication based on pharmacy claims data
- Pharmacy team is utilizing telephone note feature in epic to document outreach attempts, see example below:

#### Population Health Outreach Call

- Payor: Anthem MA
- Purpose of call: Assess for and address any barriers to medication adherence
- Medication: Medication: Atorvastatin 40mg daily due for refill on 4/22/23
- Outcome: Patient states she was in SNF recently, so when discharged home she still had medication left. She claims adherence and states she does not need a refill at this time.

### References

<https://www.cms.gov/files/document/mppperformance-datatechnotes.pdf>  
<https://www.pqaalliance.org/measures-overview>