

Statin Use in Persons with Diabetes (SUPD)

Learn how to improve your pharmacy compliance rates adapted from Pharmacy Quality Alliance (PQA) by using this guide about the Statin Use in Patients with Diabetes (SUPD) measure, best practices and more resources.

LOB
Medicare

Collection & Reporting Method
Part D Prescription Claims

CMS Weight
x1

Diabetic patients ages 40-75 who receive at least 1 fill of a statin medication in the measurement year. (Members with diabetes are defined as those who have at least 2 fills of diabetes medications during the measurement year).

Compliance: A patient with diabetes must have a fill for at least 1 statin or statin combination medication in any strength or dose using their Part D benefit during the measurement year.

Exclusions

- Members in hospice or using hospice services any time during the measurement year
- End-stage renal disease (ESRD)
- Dialysis
- Beneficiaries with rhabdomyolysis or myopathy
- Pregnancy, lactation or fertility
- Cirrhosis
- Pre-diabetes
- Polycystic ovary syndrome (PCOS)

Best Practices

- Consider prescribing a statin, as appropriate. If you determine a statin medication is appropriate, please send a prescription to the patient's preferred pharmacy.
- Consider extended day fills (e.g., 90- or 100-day supply) or send to home delivery
- If patient has intolerance or side effects such as myalgias, if clinically appropriate, consider:
 - A different statin that is hydrophilic (e.g., rosuvastatin or pravastatin)
 - A lower dose statin than previously tried
 - Reducing the frequency

In an effort to improve ease of ordering a full year supply and improve med adherence, the preference list items for the following commonly ordered medications have been adjusted to a 100 day supply with 3 RF.

Statins: Rosuvastatin, Atorvastatin, Pravastatin, Lovastatin, Simvastatin
Diabetic Medications: Metformin ER, Metformin, Glimeperide, Jardiance, Farxiga

Best Practice Intolerance Documentation

Exclusion codes must be reported annually.

Example: 67 year old female with muscle aches all over body.

Assessment: Muscle aches due to (add medication) _____.

Tip: Create a dot phrase or copy and paste.

Exclusion Codes, not limited to:

- G72.0 Drug-induced myopathy (SPD & SPC)
- G72.2 Myopathy due to other toxic agents
- G72.9 Myopathy, unspecified
- M60.9 Myositis, unspecified
- M62.82 Rhabdomyolysis
- M79.1 Myalgia
- M79.10 Myalgia, unspecified site
- M79.18 Myalgia, other site

Patients that are prediabetic must have one of the following codes to be excluded:

- R73.03
- R73.09

Look out for Population Health Efforts:

- Pharmacy team is contacting patients who are reported as non-adherent to their medication based on pharmacy claims data
- Pharmacy team is utilizing telephone note feature in epic to document outreach attempts, see example below:

Population Health Outreach Call

- Payor: Anthem MA
- Purpose of call: Assess for and address any barriers to medication adherence
- Medication: Medication: Atorvastatin 40mg daily due for refill on 4/22/23
- Outcome: Patient states she was in SNF recently, so when discharged home she still had medication left. She claims adherence and states she does not need a refill at this time.

References

<https://www.cms.gov/files/document/mmpperformancedatatechnotes.pdf>

<https://www.pqaalliance.org/measures-overview>